

BREAKS

THEMED BREAKS

HEALTHY HEART

Fresh sliced fruit and seasonal berries
Assorted fruit yogurt
Granola bars
Fruit juices and bottled spring water

SWEET DELIGHT

Freshly brewed coffee, decaffeinated coffee and assortment of hot teas
Chocolate covered strawberries
Fresh sliced fruit and seasonal berries
Assorted miniature candy bars and jars of penny candy
Chocolate brownies and bakery fresh cookies
Soft drinks, iced tea and bottled spring water

SNACK BREAK

Freshly brewed coffee, decaffeinated coffee, and assortment of hot teas
Sliced cheese with pepperoni and assorted crackers
Bags of novelty snacks; Cracker Jack, white cheddar popcorn, chips and pretzels
Assorted candy bars
Soft drinks, iced tea and bottled spring water

AM OR PM REFRESHMENT BREAKS

COFFEE BREAK

Freshly brewed coffee, decaffeinated coffee and assortment of hot teas

BEVERAGE BREAK

Freshly brewed coffee, decaffeinated coffee and assortment of hot teas
Soft drinks, iced tea and bottled spring water

A LA CARTE REFRESHMENTS, PASTRIES & SNACKS

Assorted canned soft drinks
Assorted individual chilled juices
Iced tea
Bottled spring water 16 oz
Red Bull energy drinks - regular and sugar free
Starbucks Frappuccino
Fiji Water 16 oz
Bottled sparkling water
Assorted candy bars
Granola bars
Hot chocolate packets
Individual fruit yogurt
Yogurt parfaits
Fresh whole fruit
Breakfast burritos
Selection of cereals with low fat milk
Individual chips, pretzels, popcorn
Freshly brewed coffee, decaffeinated coffee and assortment of hot teas
Assorted danish
Large assorted muffins
New York style bagels with plain and strawberry cream cheese
Bakery fresh doughnuts
Large butter croissants
Cinnamon buns
Scones
Biscotti
Chocolate or peanut butter brownies
Assorted bakery fresh cookies